



# Virtual Annual Education Conference

Alzheimer's disease, dementia and memory loss

**Friday, June 18 | 9:00 a.m. - 3:00 p.m.**

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Join us for this virtual conference to gain greater insight into Alzheimer's and other types of dementia; hear from people living with dementia what it's been like to live their life fully; and gain tips on how to travel safely with Alzheimer's during COVID-19 and beyond.

**Registration is FREE**

**Call 800.272.3900 or visit [tinyurl.com/35ry9u4d](https://tinyurl.com/35ry9u4d) to register.**

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# Desert Southwest Chapter's Annual Education Conference

## Schedule of Events

**9:00am - 9:15am** Welcome

**9:15am – 9:55am** Understanding Alzheimer's and Dementia

Alzheimer's disease is not a normal part of aging. This presentation provides information on detection, causes and risk factors, stages of the disease, treatment and much more.

**10:00am – 10:55am** Living Life to the Fullest with Dementia

Living with Alzheimer's and other types of dementia can dramatically change the way we live our lives. Hear powerful personal stories from people living with dementia. Learn about what it's like to experience initial symptoms of dementia, the journey to get a proper diagnosis, how professional and professional experiences change, and how to live your life fully with dementia.

**11:00am – 12:00pm** Movement as Medicine

For centuries, we've known that the health of the brain and the body are connected. As a result of COVID-19, older adults have been experiencing isolation, depression, and minimal movement. Let's dance together and learn new, fun ways to get our bodies moving! Barry the Zumba Guy is going to teach us how to gain physical, mental, and emotional enhancement through movement.

**12:00pm – 12:30pm** Lunch Break

**12:30pm - 1:00pm** Advancing the Science at any Given Moment: The Latest in and Alzheimer's Dementia Research

Alzheimer's is a global health problem with more than 6 million people living with the disease in the US alone. Tremendous gains have been made in the understanding of the science and basic biology underlying Alzheimer's and other dementias. Join us to learn more about the landscape of Alzheimer's and dementia science, highlights in early detection and diagnosis, and the latest advances in clinical trials, treatments and lifestyle Interventions.

**1:00pm – 2:30pm** Planes, Trains, and Automobiles: How to Travel Safely with Dementia

Living with Alzheimer's or another dementia does not mean it's necessary to stop participating in meaningful activities such as travel. However, it does require planning to ensure safety, comfort and enjoyment for everyone. Join us to learn tips and recommendations from dementia caregivers and travel industry experts on how to travel with Alzheimer's and other dementias.

**2:30pm – 2:45pm** Closing

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