

FAMILY WORKSHOPS: PROMOTING DISCIPLESHIP AT HOME

NIGHTLY BLESSING



Recommended Ages 3 or 4 years+

WHY?

The blessing is a powerful tool that communicates acceptance, love and commitment. We receive the blessing from God our father and have the opportunity to pass it on to our children, grandchildren and others.

WHAT?

This class is designed to teach the benefits of and to equip families for blessing their children daily/nightly, including expression of active commitment, high value, future potential, spoken word, and loving touch.

HOW?

Learn more about the power of accepting God's blessing and how to share it with others, by attending one of our workshops, reading the resources listed here or trying some of the tips listed below

Mark 10:15-16 *"Truly I say to you, whoever does not receive the kingdom of God like a child will not enter it at all." And, he took them in his arms and began blessing them, laying His hands on them.*"

TIPS FOR GETTING STARTED BLESSING YOUR CHILD:

When: You can share a blessing at any time or any age, at special occasions, bedtime, or breakfast.

Explain: what you are doing in an age appropriate way... "We are going to try something new together to help us grow in faith as a family."

How long: Blessings can be short and sweet or longer when you have more time.

What words: On the go? Keep it short and sweet "God made you great (*give an example*) _____" Have a little more time? Pray scripture such as Numbers 6:24-26*

The Lord bless you
and keep you;
the Lord make his face shine on you
and be gracious to you;
the Lord turn his face toward you
and give you peace.

God's name: Always use God's name in your blessing. He is the source of all blessings.

Child's name: Use your child's name in a loving way. (It was chosen very carefully, and God knows them by name.)

Practice: Be consistent and don't give up. The fruit of the blessing is worth it!

CHECK OUT THESE RESOURCES:

[The Blessing](#) by Gary Smalley and John Trent

[Bedtime Blessings](#) by John Trent

[I'd choose You](#) by John Trent

[The Family Blessing](#) by Rolf Garborg

[A Father's Guide to Blessing his Children](#) by David Michael

**attend our in person class and receive a box of 'blessing cards' to use each day.*