

FAMILY WORKSHOPS: PROMOTING DISCIPLESHIP AT HOME

PRAYER



Recommended Age: 5+

WHY?

Prayer can be a complicated idea at times. But is an important part of growing in faith. And, as parents it is our job to help our children grow as disciples

WHAT?

Prayer is simply talking to God. You can model this for your child. And you can guide them to get started.

HOW?

Help your child grow in their relationship with God through prayer. Learn creative ways to pray with your kids by attending one of our workshops or check out some of the tips and resources listed below.

1 Thessalonians 5:16-17 *“Always be full of joy. Never stop praying.”*

TIPS FOR PRAYING WITH YOUR CHILD & TEACHING YOUR CHILD TO PRAY:

Be an example: Many of us pray silently. Let your child see and hear your prayers.

Keep it simple: No need to pray at length or with complicated words. Remember God wants ‘prayers’ not ‘expert prayers’.

Be creative: Encourage your child to involve all their senses and movement in prayer.

Find a tool that works: Find a tool or prompt that works for your family, a prayer box, prayer calendar, prayer board, 5 finger prayer prompts.

Incorporate it in your routine: Make a habit with your child of praying when you drive, at bedtime, at mealtime, or other times of day that make sense for your family.

CHECK OUT THESE RESOURCES:

[What happens when I talk to God](#) by Stormie Omartian

[The power of a praying kid](#) by Stormie Omartian

[Pray big for your child](#) by Will Davis Jr.